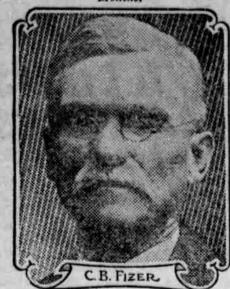
KIDNEY TROUBLE FOR WINTER TABLE

Suffered Two Years-Relieved In Three Months.



MR. C. B. FIZER. Mt. Sterling, Ky. writes:

"I have suffered with kidney and other trouble for ten years past.

"Last March I commenced using Peruna and continued for three mouths. I have not used it since, nor have I felt

'I believe that I am well and I therefore give my highest commendation to the curative qualities of Peruna."

Pe-ru-na For Kidney Trouble. Mrs. Geo. H. Simser, Grant, Ontario,

Can., writes: "I had not been well for about four years. I had kidney trouble, and, in

fact, felt badly nearly all the time. "This summer I got so very bad I thought I would try Peruna, so I wrote to you and began at once to take Peruni

"I took only two bottles of Peruna and one of Manalin, and now I feel better than I have for some time.

"I feel that Peruna and Manalin cured me and made a different woman of me altogether. I bless the day I picked up the little book and read of your Peruna."

It is the business of the kidneys to remove from the blood all poisonous materials. They must be active all the time, else the system suffers. They are times when they need a little assistance.

Peruna is exactly the sort of a remedy. It has saved many people from disaster by rendering the kidneys service at a time when they were not able to bear their own burdens.

Origin of Scotland's Motto.

It was thought by the Danes to be cowardly to attack an enemy after nightfall, but on one occasion when they were waging war in Scotland, they deviated from their usual rule. On they crept, noiselessly and unobserved, in their bare feet, upon the unsuspecting Scotchman. When near the camp one of the Danes trod upon a thistle and in his pain cried out. This aroused the sleeping Scotchmen, and they gave the alarm. The Danes were defeated with terrible loss of life, and ever since that time the thistle has been the insignia of Scotland, with the motto: "Nemo me imwith impunity."

New and Liberal Homestead Regulations in

WESTERN

New Districts Now Opened for Settlement



Some of the choicest lands in the grain growing belts of Saskatchewan and Alberta have recently been opened for settlement under the Revised Homestead Regulations of Canada. The us and so fhomesteads of 160 acres each possible for entry to be made by poxy, the opportunity that many in the United S ates have been waifing for. Any member of a family may make entry for any other member of the family, who make entitled to make entry for h meelf or hersell Entry may now be made before the Agent or Still Agent of the District by proxy, (on certain conditions) by the father, mother, son, daughter, brotheor sister of intending homesteader.

"Any even numbered section of Dominion

"Any even numbered section of Dominion Lands in Manitoba or the North-West Provinces, excepting 8 and 26, not reserved, may be home-steaded by any person the sole head of a family, or male over 18 years of age, to the extent of one-quarter section, of 160 acres, more or less."

The fee in each case will be \$10.00. Churches, chools and markets convenient. Healthy climate plendid crops and good laws. Grain-growing and attle rating principal industries.

For further particulars as to rates, routes, best ime to go and where te locate, apply to

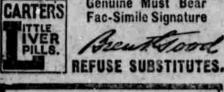
J. S. CRAWFORD. No. 125 W. Ninth Street, Banses City, Missouri

K HEADACHE

Positively cured by these Little Pills. They also relieve Dis-They also refleve Dis-tress from Dyspepsia, In-digestion and Too Hearty Eating. A perfect rem-edy for Dizziness, Nau-sea, Drowsiness, Bad Taste in the Month, Coat-

ed Tongue. Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable.

SMALL PILL. SMALL DOSE. SMALL PRICE. Genuine Must Bear





JELLY AND MARMALADE FROM THE PEACH.

Dainties That Will Be Much Appreciated When the Snow Flies-Almonds Add to Flavor of Marmalade.

Peach Jelly.-Take fine, juley freestone peaches; pare and quarter them; scald in a little water, drain and mash them and squeeze through a jelly bag. To every pint of juice allow one pound of sugar and a few of the peach kernels.

Having broken up the kernels and boiled them by themselves for a quarter of an hour in just sufficient water to cover them, strain off the kernel water and add it to the Juice; mix the julce with the sugar; when it is melted boil them together 15 minutes until a thick jelly forms. Skim while it boils.

Try the jelly by taking a little in a spoon and holding it in the air to see if it congeals; if after boiling it still continues to thin, it will congeal by stirring an ounce or more of isinglass, dissolved and strained. When the jelly is done put it into tumblers and make airtight.

Peach Marmalade.-Take ripe yellow freestone peaches; pare, stone and quarter them; to each pound of fruit allow three-quarters of a pound of sugar and half an ounce of bitter almonds or peach kernels blanched in scalding water and pounded smooth in a mortar.

Scald the peaches in a little water, mash them to a pulp; mix them with the sugar and pounded almonds and put the whole in a preserving kettle: let it boil to a thick jam; skim and stir well, keeping the pan covered as much as possible.

Fifteen minutes will generally be sufficient time for boiling it. When cold put in jars and keep in a cool, dry place.

A Tomato Waffle.

Pare six medium sized ripe tomacoes, chop very fine, add one level teaspoon of salt, one-fourth teaspoon of pepper, one tablespoon of butter melted after measuring. Now add enough flour to make a thin griddlecake batter; then beat three eggs until foamy and add. Sift half a teaspoon of soda in a little flour before adding. Have the waffle iron very hot, grease both upper and under lids, place a cooking spoonful of the batter into each section, close lld upon it and bake at least one minute on each side; when serving cut the sections apart and arrange on a napkin. Serve as an

Virginia Potato Bisque.

Peel one pound of choice sweet potatoes, cover with boiling water, boil five minutes, drain and throw water away. Then cover with a pint of boiling water, adding a sliced onion, green pepper, a bay leaf and a pinch of thyme. Cover and cook until the potatoes are soft, then press through a colander. Add a quart, half milk and cream, with a tablespoonful of butter and a wine glass of sherry. Strain through a fine sieve and serve with squares of toast.

Lady Baltimore Cake.

Rub a cupful of butter to a cream with two cups of powdered sugar; add a cupful of milk; when well mixed stir in juice of a lemon and whip very light; then stir in alternately the stiffened whites of six eggs and four even cupfuls of flour sifted twice with a rounded teaspoonful of baking powder. Bake in jelly cake tins. When cold put together with this filling and frost the top.

Filling.

Boil three cups of granulated sugar with a gill of water until a drop hanging from the tip of a spoon threads in the air. Pour while hot over the whites of three eggs whipped to a standing froth. Whip until you have a thick cream and stir in gradually a cupful each of seeded minced raisins and chopped pecans, with five figs that have been soaked soft in lukewarm water, then wiped dry and minced.

Favorite Pea Soup.

Get two pounds of fresh spare ribs and one small veal bone. Put in a cheese cloth so as to prevent from straining. Pour just enough water to cover meat, add one quart of fresh peas and one small carrot, cut in dice. Boll slowly. As it boils down, take meat out. Add one quart of fresh milk. Let it come to a boil. Garnish with chopped parsley and serve.

Mocha Tart.

Mix together five eggs, one cup of sugar, one teaspoonful of baking powder, one cup of flour sifted five times and two tablespoonfuls of Mocha extract. Split the cake and put the following filling between and on top: One pint of whipped cream, two tablespoonfuls of Mocha extract and sugar to

German Coffee Whip.

Place two tablespoonfuls of unground coffee in a pan and brown it. If already rossted, heat until hot, stirring all the time. Turn at once into one pint of rich, cold cream with two tablespoons of fine sugar, and stir a minute Let it become cold; remove the coffee and whip to a stiff froth.

Paste Makes Jars Airtight. If your rubbers are old or the ain, rings or covers are bent a little, you still may make them airtight by covering them with flour paste.

For Julcy Pie.

Instead of cutting off crust all around, pinch both crusts together and roll over on the edge.

The extraordinary popularity of fine white goods this summer makes the choice of Starch a matter of great importance. Defiance Starch, being free from all injurious chemicals, is the only one which is safe to use on fine fabrics. Its great strength as a stiffener makes half the usual quantity of Starch necessary, with the result of perfect

were new. For the Greatest Success. Life is greater than any series of surroundings that may affect it, and the greater success in life consists in following the possibilities of our high-

est selves-Ridley.

finish, equal to that when the goods

Important to Mothers ne carefully every bottle of CAS NIKIA,

Bears the Bignature of Chatt Hilltehers In Use For Over 30 Years.
The Kind You Have Always Bought.

Plague of Frogs Annoy. The Rye and an adjoining spur of the Chiltern hills, near High Wycombe, Eng., are nightly overrun with a countless host of frogs. Local residents have had to seek fresh prome nades, and a crusade against the frogs is being planned.

Overwhelming Proof that Lydia E. Pinkham's Vegetable Compound Succeeds.

One of the greatest triumphs of | Dear Mrs. Pinkham :-Lydia E. Pinkham's Vegetable Compound is the conquering of woman's

dread enemy Tumor,

The growth of a tumor is so insidious that frequently its presence is wholly unsuspected until it is well

advanced. So called "wandering pains" may come from its early stages or the presence of danger may be made manifest by excessive monthly periods accompanied by unusual pain, from the abdomen through the groin and thigh.

If you have mysterious pains, if there are indications of inflammation or displacements, secure a bottle of Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, right away and begin its use. The following letters should con-vince every suffering woman of its firtue, and that it actually does conquer tumors.

Mrs. May Fry, of 836 W. Colfax Ave , South Bend, Ind., writes: Dear Mrs. Pinkham :-

"I take great pleasure in writing to thank you for what Lydia E. Pinkham's Vegetable Compound has done for me I also took the Blood Purifier in alternate doses with the Compound. Your medicine removed a cyst tumor of four years' growth, which three of the best physicians declared I had. They had said that only an operation could help me. I am very thankful that I followed a friend's advice and took your medicine. It has made me a strong and well woman and I shall recommend it as long as I live."

Mrs. E. F. Hayes, of 26 Ruggles St., Boston, Mass., writes:

Dear Mrs. Pinkham :-

"I have been under different doctors' treatment for a long time without relief. They told me I had a fibroid tumor, my abdomen was swollen and I suffered with great pain. I wrote to you for advice, you replied and I followed your directions carefully and today I am a well women. Lydia E. Pinkham's Vegetable Compound expelled the tumor and strengthened my whole system."

Mrs. Perry Byers, of Mt. Pleasant,

"I was told by my physician that I had a fibroid tumor and that I would have to be operated upon, I wrote to you for advice, which I followed care-fully and took Lydia E. Pinkham's Vegetable Compound. I am not only cured of the tumor but other female troubles and can do all my own work after eigh years of suffering."

Mrs. S. J. Barber, of Scott, N. Y. writes :

Dear Mrs. Pinkham:-"Sometime ago I wrote you for advice about a tumor which the doctors thought would have to be removed. Instead I took Lydia E. Pinkham's Vegetable Compound and to-day am a well woman,"

Mrs. M. M. Funk, Vandergrift, Pa.,

Dear Mrs. Pinkham :--

"I had a tumor and Lydia E. Pinkham's Vegetable Compound removed it for me after two doctors had given me up. I was sick four years before I began to take the Compound. I now recommend Lydia E Pinkham's Vegetable Compound far and near.'

Such testimony as above is convincing evidence that Lydia E. Pinkham's Vegetable Compound stands without a peer as a remedy for Tumor Growths as well as other distressing ills of women, and such symptoms as Bearing-down Sensations, Displacements, Irregularities and Backache, etc. Women should remember that it is Lydia E. Pinkham's Vegetable Compound that is curing so many women Don't forget to insist upon it when some druggist asks you to accept something else which he calls "just as good."

Mrs. Pinkham's Invitation to Women.

Women suffering from any form of female weakness are invited to write Mrs. Pinkham, Lynn, Mass, for advice. She is the Mrs. Pinkham who has been advising sick women free of charge for more than twenty years, and before that she assisted her mothe in-law, Lydia E. Pinkham in advising. Thus she is especially well qualified to guide sick women well qualified to back to health.

BAD BLOOD THE SOURCE OF ALL DISEASE

Every part of the body is dependent on the blood for nourishment and strength. When this life stream is flowing through the system in a state of purity and richness we are assured of perfect and uninterrupted health; because pure blood is nature's safe-guard against disease. When, however, the body is fed on weak, impure or polluted blood, the system is deprived of its strength, disease germs collect, and the trouble is manifested in various ways. Pustular eruptions, pimples, rashes and the different skin affections show that the blood is in a feverish and diseased connicion as a result of the presence of some irritations human. Some and Misease much acid or the presence of some irritating humor. Sores and Elcers are the result of morbid, unhealthy matter in the blood, and Rheumatism, Catarrh, Scrofula, Contagious Blood Poison, etc., are all deep-seated blood disorders that will continue to grow worse as long as the poison remains. These impurities and poisons find their way into the blood in various ways. Often a sluggish, inactive condition of the system, and torpid state of the avenues of bodily waste, leaves the refuse and waste matters to sour and form uric and other acids, which are taken up by the blood and distributed throughout the circulation. Coming in contact with contagious diseases another cause for the poisoning of the blood; we also breathe the germs and microbes of Malaria into our lungs, and when these get into the blood is sufficient quantity it becomes a carrier of disease instead of health. Some are so unfortunate as to inherit bad blood, perhaps the dregs of some old constitutional disease of ancestors is handed down to them and they are constantly annoyed and troubled with it. Bad blood is the source of all disease, and until this vital fluid is cleansed and purified the body is sure to suffer in some way. For blood troubles of any character S. S. S. is the best remedy ever discovered. It goes down into the circulation and removes any and all poisons, supplies the healthful properties it needs, and completely and permanently cures blood diseases of

PURELY VEGETABLE

every kind. The action of S. S. S. is so thorough that hereditary taints are removed and weak, diseased blood made strong and healthy so that disease cannot remain. It cures Rheumatism, Catarrh, Scrofula, Sores and Ulcers, Skin Diseases, Contagious Blood Poison, etc., and does not leave the

slightest trace of the trouble for future outbreaks. The whole volume of blood is renewed and cleansed after a course of S. S. S. It is also nature's greatest tonic, made entirely of roots, herbs and barks, and is absolutely harmless to any part of the system. S. S. S. is for sale at all first class drug stores. Book on the blood and any medical advice free to all who write.

THE SWIFT SPECIFIC GO., ATLANTA, GA.

W. L. DOUCLAS \$3.00 & \$3.50 SHOES THE WORLD

\$3.00 & \$3.50 SHOES THE WORLD

SHOES FOR EVERY MEMBER OF THE WORLD

THE FAMILY, AT ALL PRICES.

\$25,000 | To any one who can prove W. L.

Boughts does not make & sell more Men's \$3 & \$3.50 shoes

THE REASON W. L. Douglas shoes are worn by more people in all walks of life than any other manufacturer.

THE REASON W. L. Douglas shoes are worn by more people in all walks of life than any other make, is because of their excellent style, easy-fitting, and superior wearing qualities. The selection of the leathers and other materials for each part of the shoe, and every detail of the making is looked after by the most completeorganization of superintendents, foremenand skilled shoenakers, who receive the highest wages paid in the shoe industry, and whose work manuship cannot be excelled.

If I could take you into my large factories at Brockton, Mass., and show you how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better, wear longer and are of greater value than any other make.

My \$4.00 and \$5.00 GM Edge Shoes cannot be CAUTION! The genuine have W. L. Douglas name and private to factory. Shoes sent everywhere by mail Catalog free.



PILES NO MONEY TILL CURED - SEND FOR FREE BLUE THEATEST OF PROPERTY BEARES OF PROPERTY BEARES OF PROPERTY BEARES OF PROPERTY MA

READERS of this paper de-siring to buy any-thing advertised in

W. N. U., WICHITA, NO. 89, 1907.

LIVE STOCK AND MISCELLANEOUS Electrotypes

STRAIGHT 5¢ CIGAR ANNUAL 8, 000, 000.

AN. KPILLOGG NEWSPAPER CO.
73 V. Adams Street, CHICAGO
DEFIANCE STARCH SMIGHT OF COLORS. A.N.KELLOGG NEWSPAPER CO.

For Women's **Agonies**

The agonies that you suffer every month, can be relieved. Take Cardul. During over 50 years this purely vegetable remedy has been successfully used by more than a million women and still continues its good work in the relief and cure of womanly pain and suffering. Thousands of ladies have written to tell how they were cured by

for the benefit of other suffering women. Mrs. M. Stout, of Gabbatha, Tenn., writes:

"I suffered with female weakness and pains in my back and limbs for a year. I was so bad I could hardly walk. I took Cardui and now I feel like a new woman." \$1.00 WRITE US A LETTER Write today for a free copy of valuable 64-page illustrated Book for Women. If you need Medical Advice, describe your symptoms, stating age, and reply will be sent in plain scaled envelope. Address: Latter Advisory Dept., The Chattanooga Medicine Co., Chattanooga, Tenn.

New Method of Cutting Steel. A new method of cutting steel is said to have been patented by a Belgian engineer. The process consists in first heating the metal by means of an oxyhydrogen flame and then cutting it by a small stream of oxygen gas, which unites with the steel and forms a fusible oxide, which flows freely from the cut. It is said that the cut is fully as smooth as that made by the saw, and is only 1-100 inch wide.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years dectors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease, and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Chemey & Co., Toledo, Ohio, is the only Constitutional cure on the market. It is taken internally in deces from 10 drops to a teaspoonful. It acts directly on the blood and muchous surfaces of the system. They offer one hundled dollars for any case it fails to cure. Send for croulars and testimonials. refreulars and testimonials. Address: F. J. CHENEY & CO., Toledo, Obio. Sold by Druggists, 75c. Take Hall's Family Pills for constipation.

How She Did It. "Mrs. Chauffeurly is always running down people when I go out with her in her auto.

"Doesn't she ever get arrested?" "No, they ean't arrest you for gossiping, can they?"

YELLOW CLOTHES ARE UNSIGHTLY. Keep them white with Red Cross Ball Blue. All grocers sell large 2 oz. package, 5 cents.

He knows not the value of flowers

who never botany.

Gone, but Not Forgotten,

In a recent single issue of the New York Herald, among the "personal" advertisements were 70 which asked information of the present whereabouts of certain persons, some of whom have been absentees for more than half a century.

With a smooth fron and Defiance Starch, you can launder your shirtwaist just as well at home as the steam laundry can; it will have the proper stiffness and finish, there will be less wear and tear of the goods, and it will-be a positive pleasure to use a Starch that does not stick to the iron.

Sufficient Happiness.

The only happiness a brave man ever troubled himself about especially was happiness enough to get his work done.-Carlyle.

It Cures While You Walk. -Alle a's Foot-Ease is a certain cure for hot, sweating, callous, and swollen, aching feet. Sold by all Druggists. Price 25c. Don't accept any substitute. Trial package FREE Address Allen S. Olmsted, Le Roy, N. Y.

Fireproof writing paper is the latest novelty. This makes it all the more dangerous to be a statesman.

Mrs. Winslow's Soothing Syrup.

For children teething, softens the gures, reduces in fammation, allays pain, cures wind colin. 25c a bottla.

A well at New Burlington, O., yields both salt and fresh water.

Don't Buy Fake Stocks

Buy Land. The Safest and Most Profitable of All Investments.

The Famous Simmons Ranch in the Most Fertile Part of South Texas is Now on the Market.

Truck Farms from 10 to 640 Acres and of Amazing Fertility for Sale at \$210 Each, Payable \$10 a Month Without Interest.

Read What Others Say of It:

Dr. C. F. Simmons, San Antonio, Tex.

Dear Sir:—I have just returned from a tour of three days' inspection of your Atascosa County Texas Ranch and I will gladly say that I found it equally as good as you claim, and I believe, is even better, at least 05 per cent. of the land would be fine farming land.

Well, as to the size of the body of the land, it is as fine as I ever saw.

When this section gets a railroad, which it soon will have, and must have, as the country demands it, that section will be equal in value with any section in the state, because you can grow whatever you wish to plant, and it can be kept growing, with the abundance of water which is obtainable either in shallow or artesian wells.

I find sufficient timber for posts, and wood, the balance of the land is mostly prairie, with some small brush and pear.

Yours truly,

C. M. LINDHOLM.

Write at once for book of views of the ranch, complete literature and name of nearest agent.

DR. C. F. SIMMONS,

215 Alamo Plaza, SAN ANTONIO, TEXAS.

ou Look Premature